

# Nervous System Reconfiguration

*Practitioner Training, Cohort One*

Vienna, Austria · 21 November 2026 to 11 April 2027 · Version 1.0

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By enrolling in Nervous System Reconfiguration, you agree to the following terms. Please read them carefully. They exist to make the training safe, clear and workable for everyone in the room, and to make sure there are no surprises about money, scope or expectations.

Throughout this document, "the facilitator" means Nathan Marcuzzi, and "the training" means the five-weekend Nervous System Reconfiguration practitioner training described above.

## 1. Confidentiality

Everything shared during the training is confidential. You are free to speak about your own experience. You agree not to discuss what others have said or done, and not to reveal real names, nicknames, or identifying details of any participant to anyone outside the training. This obligation continues after the training ends.

## 2. Voluntary Participation

Participation in every activity is voluntary. You are not required to take part in any exercise that makes you uncomfortable. You may change your mind, say no, or stop at any point without explanation and without needing to justify it. You are responsible for communicating your boundaries clearly.

## 3. Nature and Scope of the Training

This training is educational and experiential. It develops practitioner skills, awareness and personal capacity. It does not substitute for medical, psychological or psychiatric advice, diagnosis or treatment. You are responsible for participating in a way you can manage physically, psychologically and emotionally, and you are encouraged to seek licensed care for any medical or psychological concern.

## 4. Certification and Professional Standing

A Certificate of Completion in Nervous System Reconfiguration is awarded on meeting all of the following:

- Attendance at all five weekends
- Fifteen logged practice sessions
- A live session demonstration on the final weekend
- Payment of the full training fee

Participants who complete the ten days without meeting the practicum requirements receive a record of attendance instead.

There is no recognised regulatory or certifying body for this field of work. No external organisation accredits this training, and none assesses practitioners in de-armouring, constellation work or the methods taught here. This certificate reflects completion of this training only.

The certificate is not a state licence and not a medical, psychological or psychotherapeutic qualification. Completion does not in itself establish competence, mastery or readiness to practise independently. Integrating this work is an ongoing process that varies significantly between individuals. You are solely responsible for assessing your own readiness, defining your scope of practice, and working within what is legally permitted where you live. Misjudging your capacity to facilitate this work may carry psychological, emotional, relational or physical risk for others.

## 5. Use of the Methods and Naming

On completion you may describe yourself as **trained in Nervous System Reconfiguration** by Nathan Marcuzzi, and you may practise the methods taught, within your own assessment of your readiness and within the law where you practise.

The following limits apply:

- **Somagetic** and **Somagetic Breathwork** and **Somagetic De-Armouring** are the facilitator's own body of work. You may state that you trained in them. You may not present yourself as a Somagetic practitioner, use Somagetic in your business or trading name, or teach or certify others in it.
- You may not reproduce this training. Specifically, you may not run a course that replicates its structure, sequence, terminology or materials, or present a training of your own as being derived from or equivalent to this one. Teaching methods you have trained in elsewhere, in your own words and your own form, is your own affair.
- You may not describe yourself as certified, accredited or licensed by any body, since no such body exists for this work.
- Course materials are for your own use and may not be reproduced, distributed or taught from.

Certification may be withdrawn if you misrepresent your training, your scope, or your relationship to the facilitator.

## 6. Hands-On Practice

This training involves substantial hands-on work between participants. You will work on other people's bodies and other people will work on yours.

- **There is no internal or genital work at any point in this training.** No exercise involves internal contact of any kind.

- Hands-on work is done fully clothed. If you choose to remove a layer for comfort, that is your decision and never an expectation.
- Consent is ongoing, not given once. You may withdraw consent at any moment during a session, without explanation, and the session stops.
- You may opt out of giving or receiving in any exercise.
- Where you are unsure of another person's boundary, you are responsible for asking before proceeding.

## 7. Practice Sessions Between Weekends

Fifteen logged practice sessions are required for certification. These are arranged between participants outside the training weekends.

These sessions are not supervised by the facilitator and are not held on the facilitator's premises. You arrange them at your own responsibility and at the responsibility of the person you work with. All the consent standards in Section 6 apply, including the prohibition on internal work. The facilitator accepts no liability for what occurs in these sessions.

## 8. Recording

### *By participants*

Recording during the training weekends requires the facilitator's permission in advance and the explicit consent of every person who appears or is audible in the recording, the facilitator included. Recordings are for your private use only and may not be shared, posted or published in any form.

**Anyone appearing in a recording may ask for it to be deleted at any time, without giving a reason, and it must be deleted.** This right does not expire.

Recording of peer practice sessions between weekends is not permitted.

### *By the facilitator*

The facilitator takes photographs and video during the training for teaching and promotional use. You may opt out entirely, at any point, and your choice will be respected without discussion. You will be asked at the start of the first weekend, and you may change your decision later.

If you have appeared in material already published, you may request its removal at any time.

## 9. Health

Before the first weekend you will complete a health declaration covering anything that may affect your participation or the safety of others: psychiatric treatment, cardiovascular conditions, pregnancy, recent surgery, epilepsy, physical injury, and current medications.

Breathwork in particular carries contraindications. Withholding relevant information puts you and others at risk. You agree to adjust your participation according to your health, and to inform the facilitator if anything changes during the six months.

## 10. Substance Use

You agree not to use alcohol, chemical drugs, or plant-based substances including cannabis and psilocybin during the training weekends. Medication prescribed by a doctor is permitted and should be declared under Section 9.

## 11. Attendance

The training is designed as a continuous six-month process, and the group works as a fixed cohort.

- **One missed weekend** may be recovered through recordings of the demonstrations and teaching conversations from that weekend, together with one private catch-up session with the facilitator, offered at a reduced rate.
- **Two or more missed weekends** means deferring completion to a future cohort. Fees already paid are credited to that cohort.

## 12. Fees and Payment Schedule

A deposit of €1,000 secures your place. The balance is paid according to the schedule below. **Each payment falls due before the weekend it covers.**

| DUE              | EARLY ENROLMENT | STANDARD      |
|------------------|-----------------|---------------|
| At enrolment     | €1,000          | €1,000        |
| 18 November 2026 | €800            | €900          |
| 6 January 2027   | €500            | €600          |
| 17 February 2027 | €950            | €1,050        |
| 10 March 2027    | €800            | €950          |
| 7 April 2027     | €900            | €1,000        |
| <b>Total</b>     | <b>€4,950</b>   | <b>€5,500</b> |

Participants who pay in full pay €4,700 and have no further payments due.

If a payment has not cleared before a weekend begins, you will not be able to attend that weekend. Your place is held, and you rejoin once the payment is settled. No refund is given for a weekend missed on this basis.

Longer payment schedules can be arranged. Ask before enrolling rather than after.

### 13. Cancellation and Refunds

#### *If you cancel*

- **Within fourteen days of enrolling:** full refund, deposit included.
- **After fourteen days:** €500 of the deposit is not refundable. It remains transferable, as below.
- **More than thirty days before the start** (until 22 October 2026): everything paid above the deposit is refunded in full.
- **Within thirty days of the start:** no refund is issued. The full amount paid may be credited to a future training within eighteen months, or transferred to another person who completes the application successfully.

#### *If you leave during the training*

No refund is given for fees already paid. Remaining scheduled payments are waived. No certificate is issued.

You may rejoin a future cohort at the weekend you left, paying the difference in fees. Places are not transferable to another person once the training has begun.

#### *Illness or bereavement*

In cases of severe illness, incapacitation, or the death of an immediate family member, at any stage, arrangements are made individually. Documentation is required.

#### *If the facilitator cancels*

If the training is cancelled for any reason, including insufficient enrolment, illness or venue emergency, all fees are refunded in full.

If you are travelling from outside Vienna, the facilitator is not responsible for any loss on flights or accommodation arising from cancellation or a change of dates. Book refundable or flexible travel.

### 14. Changes to Dates or Venue

The facilitator reserves the right to change the venue within Vienna, or to move a weekend to alternative dates where circumstances require it, with as much notice as possible. A change of this kind is not grounds for a refund beyond the terms in Section 13.

### 15. Conduct

Harmful, threatening or bullying behaviour, and discrimination or harassment on the basis of gender, gender identity, sexual orientation, ethnicity, colour, age or any other personal characteristic, will not be tolerated. The facilitator may remove a participant from the training for serious breach of this section or of Section 6, without refund.

### 16. Interaction and Feedback

You agree to let others have their own experience without interference. Ask before offering feedback, reflections or physical contact including hugs. Do not intervene unless asked. This includes not passing tissues, not offering unsolicited advice, and not initiating touch outside a structured exercise.

You may receive constructive feedback from the facilitator during the training. You agree to stay open to it and to say if you are uncomfortable or need clarification.

### 17. Personal Responsibility

Your wellbeing during and after the training matters, and you agree to take full responsibility for your own boundaries, process and participation. Exercises can be adjusted to suit your needs.

### 18. Data Protection

The facilitator holds your contact details, health declaration and practice logs for the purpose of running the training and issuing certification. This information is not shared with third parties. Health declarations are deleted within twelve months of the training's end. You may request access to your data, or its correction or deletion, at any time.

### 19. Insurance and Liability

You are responsible for arranging any insurance you consider necessary, including health and travel insurance. You cannot claim compensation for anything you voluntarily expose yourself to during the training.

You acknowledge that the facilitator is not responsible for emotional or physical outcomes arising from your participation, and you release the facilitator from liability and legal claims arising from it, except in cases of gross negligence or intentional misconduct.

## **20. Governing Law**

This agreement is governed by Austrian law. Disputes fall under the exclusive jurisdiction of the courts of Vienna, Austria.

## **21. Acknowledgment**

By checking the box on the enrolment form, you confirm that you have read, understood and agree to these terms, and that the checkbox constitutes your consent to participate.